

# Term four program 2018

## 8 October—21 December



Manna Gum Community House is a not-for-profit organisation run by a community-based Committee of Management and offers a range of services including adult education, school holiday activities, special events and access to government services.

**House membership** is only \$5 per year for an individual and \$10 for families. It provides a voice at the AGM and reduced fees for skill share activities.

We welcome volunteers to join our busy organisation with a range of roles available in customer service, tutoring, maintenance and gardening. We are a registered host organisation for Centrelink mutual obligation requirements and provide training for our volunteers in hospitality, retail and office administration.

### mannagum hours and services

33 Station Road, Foster VIC 3960 (PO Box 176) tel 5682 1101 email [mannagum@dcsi.net.au](mailto:mannagum@dcsi.net.au)  
[www.mannagumcommunityhouse.org.au](http://www.mannagumcommunityhouse.org.au)

Office hours: Monday to Thursday from 10.00am—3.00pm. Closed Fridays and public holidays

Centrelink and Medicare Agency: Tues and Thurs 10.00am—3.00pm

Emergency Relief: Frozen meals and essential items during office hours. Salvation Army food, pharmacy and petrol vouchers available Tuesdays or by appointment by phoning the office. Private and confidential service

Internet and computer access, printing, photocopying, A3 & A4 laminating and scanning available during office hours

Local jobs board updated weekly

Venue hire: Monday—Sunday at competitive rates

At our welcoming Manna Gum Community Lounge and Shop you can purchase recycled goods at bargain prices and enjoy a hot drink with a complimentary home baked sweet. OPEN: Mon, Tues, Thurs and Fri 10.00am—3.00pm and Saturdays 10.00am—1.00pm

Free WiFi



We are wheelchair accessible. Please let us know if you have any special needs or if you require support to enable you to participate fully.

## community house user groups

**Stockyard Creek Quilters Group** Mon 10am-3pm, contact Michelle Travers 0428 832 195.

**South Gippsland Bird Observers** 8pm last Fri of the month. New members welcome, contact Joyce Simpson tel: 5682 2147.

**mannagum garden group** meet every Monday 10am-12pm at Manna Community Garden, corner Hyland Street and Court Street. If you would like to learn more about the group, come and join them for a free cuppa and a chat at 9.30am, 1st Monday of the month. New members welcome, contact Juneen Schulz tel: 0427 809 509.



Inc No A0007556K ABN 46 633 550 717 TOID 20075



Like us on Facebook: [facebook.com/mannagumcommunityhouse](https://facebook.com/mannagumcommunityhouse)

Please call our office for detailed information about our courses. [Bookings are required for all activities.](#) Payment plans are available. Notice of withdrawal is required 7 days prior to the course to receive a full refund. Early bookings are appreciated to allow our tutors and volunteers time to prepare.

## COMMUNITY EVENTS

### CORNER INLET PAMPER DAY

Rejuvenating pamper day for farming families with on-site childcare. Activities include massage, facials, manicure, hairdressing and craft activities. Lunch and entertainment provided. Bookings essential.

**Wednesday 10 October, 11am-2pm**

**Cost: FREE**

**Supported by Toora & Foster Community Bank®, Burra Foods Foundation, South Gippsland Shire Council, Prom Country Lodge and Toora Lions**

## CREATIVE ARTS

### BASKET MAKING—GARLIC BASKET

Weave a small twined basket using natural fibres. Some materials will be supplied.

Tutor: Margaret Balfe

**Tuesday 18 December, 10am-3pm**

**Cost: \$30 / \$26 members**

### CARD MAKING FOR CHRISTMAS

Have some fun creating three lovely paper projects/cards to share with someone special in your life. This term the workshops will specialise in Christmas cards, boxes, gift bags and tags. All materials are provided and use high quality products, so you will leave with some beautiful handmade projects.

Tutor: Sheryl Lorenz

**3 individual workshops in Port Franklin**

**Tues 16 October, 13 November, 11 December, 1pm-3pm**

**Cost: \$20 for each workshop**

### INTRODUCTION TO PRINTMAKING

Create your own print using a choice of materials including lino and wood. Print onto various mediums including gift cards for Christmas. Suitable for absolute beginners. Children aged 12+ welcome. All materials provided.

Tutor: Kim McDonald

**Saturday 24 November, 10am-3pm**

**Cost: \$40 / \$36 members**

### STAINED GLASS—CREATE A GLASS SUNCATCHER

Make your own sparkling stained-glass suncatcher and learn leadlighting, soldering and glass-cutting techniques.

Tutor: Cat Blamey Wheeler

**3 x sessions Wed 24, 31 October & 7 November, 10.30am-12.30pm**

**Cost: \$60 / \$56 members**

### STAINED GLASS—INTERMEDIATE

**Individual Projects and Repairs**

For people who have completed the Create your Own Suncatcher course, this course extends those skills and enables participants to be guided through personal projects and repairs.

Tutor: Cat Blamey Wheeler

**3 x sessions Wed 28 November, 5 & 12 December, 10.30am-12.30pm**

**Cost: \$60 / \$56 members**

## LIFE DRAWING

Life model session with guided tutoring suitable for beginners or experienced artists. Easels and some drawing materials provided. BYO lunch

Tutor: Kim McDonald

**Saturday 20 October, 10am-3pm**

**\$50 / \$46 members**

## KNITTING

Every Friday at 11am Tanja Aitchison leads an informal, social knitting circle in the Manna Gum Community Lounge for people working on their own projects.

**Fridays from 12 October 11am-1pm**

**Cost: gold coin donation**

## CREATE A FELTED TOY

Learn to make a soft toy: an eco-friendly, sustainable and a personality-full friend out of Australian-made alpaca wool. Create a basic body with a dry felting technique, add ears and make a cute face that will make everyone smile.

Tutor: Zetta Kanta

**Saturday 10 November, 10am-2pm**

**Cost: \$40 / \$36 members**

## FOOD

### FOODIE FRIDAY

On the first Friday of the month Kelly Collard hosts an informal cooking session preparing a variety of foods. Two-course lunch included. Limited places available, bookings essential.

**Friday 2 November, 7 December 11am-1pm**

**Cost: \$5**

### COMMUNITY KITCHEN

On the third Wednesday of the month we host a Community Kitchen lunch made from fresh local foods. Come early and help prepare the meal! All welcome.

**Supported by Foster St Vincent de Paul**

**Wed 17 October, 21 November, 19 December 12pm-2pm**

**Cost: FREE**

### BASIC CHEESEMAKING—NEW!

Learn how to make your own simple cheeses at home using pure, natural products including ricotta, labneh, feta and halloumi. Enjoy a Ploughman's Platter lunch including locally produced breads, smallgoods, preserves and cheese made by your hands. Participants are required to bring a jar.

Tutor: Narelle Lucas from Wild Earth Mother

**Saturday 1 December, 10am-2pm**

**Cost: \$120**

## GARDENING

### ORGANIC PEST MANAGEMENT—NEW!

Learn how to adopt organic principles to grow your own organic herbs, fruit and vegetables and combat pests and diseases. Find out about crop rotation, companion planting, soil building and analysis and learn how to reduce the incidence of weeds and eliminate the use of chemical fertilisers and pesticides.

Tutor: Kirsty Fletcher

**Tuesday 30 October, 10.30am-2.30pm**

**Cost: \$30**



\*We are a Learn Local organisation. Learn Local courses assist people with skills for employability, enhancing their business or further education. They are subsidised by the state government and there are eligibility requirements to qualify for the discounted course fee. Please contact the office for further information.

## GENERAL EDUCATION

### FRENCH CONVERSATION

French conversation on a variety of topics in an informal and friendly environment.

**Wednesdays from 10 October, 1pm-2.30pm**

**Cost: gold coin donation**

### ENGLISH AS A SECOND LANGUAGE

Learn to read, write and speak English with confidence in individual classes or small groups. Ring to organise suitable dates and times.



**8 x 2 hour sessions**

**Cost: \$80 per term**

### READING, WRITING AND MATHS

Get help to improve your basic skills including assistance with preparing for further study or work. Individual or small group classes available



**8 x 2 hour sessions**

**Cost: \$80 per term**

## COMPUTERS

### BASIC COMPUTER SKILLS

with Intel® Learn Easy Steps

Designed for absolute beginners to gain confidence with computers, learn about Microsoft Office and the online world.

Tutor: Louisa Vale

**8 x 2 hour sessions, currently taking expressions of interest**

**Cost: \$80 / \$50 concession**

### COMPUTERS BEYOND BASICS

with Intel® Learn Easy Steps

This course extends your knowledge of computers and develops some essential skills for working in an office or working from home. Basic computer skills required.

Tutor: Louisa Vale

**8 sessions from Monday 8 October 10.30am-12.30pm**

**Cost: \$80 / \$50 concession**

### DIGITAL MARKETING FOR BUSINESS

Grow your business and gain an awareness of low-cost digital marketing technologies. This course is for small business owners, start-ups, community groups and managers.

Tutor: Louisa Vale

**6 sessions, currently taking expressions of interest**

**Cost: \$100 / \$50 concession**

### CREATE A PHOTO BOOK

Learn about photo management and scanning and how to turn your digital photos into a printed product including photo books and calendars—which makes a great Christmas gift for family and friends.

Tutor: Louisa Vale

**3 sessions, Thursday 8, 15, 22 November, 1pm-3pm**

**Cost: \$70 / \$60 concession**

### IPAD & TABLET—GET SET UP!

Troubleshooting and assistance with setting up your tablet or iPad for absolute beginners, including your Apple ID.

Tutor: Louisa Vale

**2 sessions Thursday 11 & 18 October, 10am-11am**

**Cost: \$15**

### IPAD & TABLET—EXPLORE THE DIGITAL WORLD

Learn the functions of an iPad or Android tablet including browsing the Internet, using applications, e-safety, email, contacts, camera & photo functions & internet shopping.

Tutor: Louisa Vale

**8 sessions from Thursday 25 October, 10am-11am**

**Cost: \$80 / \$70 concession**

### FACEBOOK FOR BUSINESS

Understand what you need to know to get your business onto Facebook OR if you have a business on Facebook how to use it as an effective tool.

Tutor: Josh Baker

**Thursday 22 November, 6.30pm-8.30pm**

**Cost: \$30**

### INSTAGRAM FOR BUSINESS

Instagram? What is it and why should I care? Instagram is a Social Media Giant and is part of the Facebook Group. If you have Facebook, it can compliment your business or group's presence! You'll get access to insights and analytics, just like on Facebook. You'll also find there are some fun ways to interact on Instagram as it's photo and video-only based.

Tutor: Josh Baker

**Thursday 29 November, 6.30pm-8.30pm**

**Cost: \$30**

## EMPLOYMENT SKILLS

### TOORA BUB HUB

Want to jump back into work or study after kids?



Come along to our course at Toora Kinder and work with us as adult learners. We include lots of guest speakers and different topics that support you as a parent and a learner. Our experienced teachers can help you to find local job and study opportunities.

Free on-site childcare, while we work together.

Tutor: Louisa Vale

**8 sessions from Wednesday 10 October, 10am-12pm**

**Toora Kindergarten, Gray St, Toora**

**Cost: FREE \*eligibility conditions apply**

**Supported by The Alfred Felton Bequest**

### NEW HORIZONS

Discover employment opportunities in Gippsland's Agri-food, Hospitality, Retail & Manufacturing sector with job readiness skills provided in this new 6 week training program. Gain valuable insights and knowledge from industry professionals and on-site tours.

Tutor: Louisa Vale

**2 days per week for 6 weeks returning in Term 1 2019**

**10am-3.30pm**

**Cost: FREE \*eligibility conditions apply**

**Supported by East Gippsland Food Cluster**



# NATIONALLY ACCREDITED

## COURSES

### Certificate II in Hospitality & Tourism

SIT20316/SIT20116

Utilising our community lounge, the dual Certificate II qualifications provide you with the skills to perform a range of roles within the hospitality & tourism sector including working in restaurants and cafés, accommodation establishments, information centres, tourist attractions and resorts. Includes a mix of classroom learning, practical skills, excursions and work placements.

Units delivered are a mix of relevant local Tourism and Hospitality Units including: providing information and assistance, safe work practices, serving food and beverages, coffee making and point of sales skills. As an added bonus you will also receive your RSA, RSG and Food Safety Certificate along the way.

Tutor: Bass Coast Adult Education RTO #3720

**1 day per week for 6 months (9:30am-4pm)**

**Returning in 2019**

Call 03 5672 3115 for full details and funding opportunities

### Responsible Service of Alcohol (RSA)

All people serving alcohol in Victoria need this certificate which is approved by the Director of Liquor Licensing Victoria

Tutor: Bass Coast Adult Education RTO #3720

**Thursday 22 November, 9am-1pm**

**Saturday 15 December, 9am-1pm**

**Cost: \$95 / \$85 concession**

### Food Safety Level 1

For people handling food for public consumption ie: milk bars, cafés, clubs, school canteens.

Tutor: Bass Coast Adult Education RTO #3720

**Saturday 17 November, 9am-4pm**

**Cost: \$120 / \$110 concession**

### Perform CPR (HLTAID001) and Apply First Aid (L2) (HLTAID003)

Workplace Nationally Accredited Course with APL. Please wear suitable clothing for the activities. Apply First Aid (L2) valid for 3 years when completing CPR the 2 years in between, this includes CPR, Anaphylaxis, Epipen and Asthma (Epipen and Asthma certificates are an extra \$45 each.)

Tutor: John Barrie, APL Group RTO # 3586

**Saturday 8 December**

**8.30am-11.30am CPR only, 8.30am-5pm full course**

**CPR \$70, First Aid L2 \$165 (includes CPR)**

### Chemical Handling Certificate and Refresher

AHCCHM303A: Prepare and Apply Chemicals  
AHCCHM304A: Transport, Handle and Store Chemicals.  
Accredited course covering state legislation, pest control, labelling and calibration of a boom spray. Completion provides Chemcert registration for 5 years and eligibility to apply for ACUP from DELWP.

Tutor: Australian Safe T Training RTO # 21852.

**Wednesday 28 & Thursday 29 November**

**2 x sessions, 9am-3pm.**

**Full course \$330 Refresher \$270**

### Chainsaw Certificate

AHCARB205A: General maintenance, sharpening chain and using basic cutting techniques on fallen timber, plus relevant legislation and OHS. BYO ear muffs and safety glasses (essential) and chainsaw if you have one (or let staff know when booking). Wear leather boots and suitable clothing.

Tutor: Australian Safe T Training RTO # 21852.

**Tuesday 27 November, 9am-3.30pm**

**Cost: \$120**

**We can facilitate individual or group bookings for the following courses:**

**Traffic Controller Ticket and Update (RIIWH205D and RIIWH302D), Operate a Quad Bike (AHCM0M212A), Forklift certificate (TLILIC2001A)**

**Please contact the office for further information**

## BOATS

### Marine Licence

TSV approved training course. Marine Licence (formerly Recreational Boat Licence) & PWC Endorsement (Jetski) if required. Marine Safety Boating Handbook supplied on enrolment, this MUST be pre-read. Please bring photo ID. For 12-16 year olds, please bring: 1. Original birth certificate or passport, 2. Medicare card and 3. Bank account statement or item showing current address.

**Persons under 16 years of age are not eligible to obtain a personal watercraft endorsement.**

Tutor: Marine Training Services—Val Young

Present your certificate at VicRoads to obtain a licence with no further testing.

**Saturday 27 October**

**9.30am-2.30pm**

**Cost: \$110 plus \$30 for PWC licence if required**

### Alpaca Care Taking expressions of interest

Interested in Alpacas? Have some already?

Louisa Vale has owned a small stud of alpacas since 2005. Join her for an informative workshop on basic handling, health and breeding and of course shearing!

Participants will be encouraged to get their hands on alpacas and learn more about these amazing animals.

Toora North

On-farm workshop

Morning tea supplied

## VENUE HIRE

Manna Gum Community House has three spaces available for hire at affordable rates conveniently located on the edge of Foster's CBD. We offer a discount for not-for-profit and community groups. When you hire a space with us, your local community benefits. All profits go back into our organisation to maintain and improve our community services. Please visit our website, or call the office on (03) 5682 1101 for enquiries and bookings.