



# Manna Gum Community House

## TERM TWO PROGRAM

### 26 April — 24 June 2022

Manna Gum Community House is a not-for-profit organisation run by a community-based Committee of Management and offers a range of services including adult education, family activities, special events, emergency relief, training and education pathways information, and access to government services. **House membership** is \$5 per year for an individual and \$10 for families.

We welcome volunteers to join our busy organisation with a range of roles available including customer service, tutoring, maintenance and gardening. We are a registered host organisation for Centrelink mutual obligation requirements and provide training for our volunteers in hospitality, retail and office administration.

Stay up-to-date with our program, events and community news by joining our e-news mailing list.

## Hours and Services

33 Station Road, Foster VIC 3960 (PO Box 176) tel 5682 1101 email [office@mgch.org.au](mailto:office@mgch.org.au)  
[www.mannagumcommunityhouse.org.au](http://www.mannagumcommunityhouse.org.au)  
Find us on Facebook and Instagram @mannagumcommunityhouse

Office hours: Monday to Thursday from 10.00am—3.00pm. Closed Fridays and public holidays

Centrelink and Medicare Agency: Tues and Thurs 10.00am—3.00pm

Emergency Relief: Doorways Service (Salvation Army). Vouchers, frozen meals and essential items during office hours. Register on Tuesdays or by appointment by phoning the office. Home delivery available. Private and confidential service

Internet and computer access available by appointment

A3 & A4 printing, photocopying, laminating and scanning available during office hours

Local jobs board updated weekly

Venue hire: Monday—Sunday at competitive rates

Manna Gum Community Lounge - Mondays & Tuesdays 10.00am-2.00pm, Saturday 9.30am-1.00pm

We are wheelchair accessible. Please let us know if you have any special needs or if you require support to enable you to participate fully.

**Free WiFi available at any time**

Interested in learning about technology, but don't have a device? Enrol in a Learn Local course or come along to our Technology Club and we can loan you a tablet for free to use at home. Please enquire at the office.



## Employment Skills



### THE HUB

Want to jump back into work or study after kids? Come along to our course at Toora Primary School and work with us as adult learners. We include lots of guest speakers and different topics that support you as a parent and as a learner. Our experienced teachers can help you find a local job or study opportunities. Free on-site supervised playgroup, while we work together.

Tutor: Louisa Vale

**Thursdays 9am-11am Toora Primary School**

**Tuesdays 9am-11m Welshpool Primary School**

**Cost: FREE \***

### GAINING THE EDGE

**Starting a TAFE course in 2022? Already enrolled but need more support?**

This program provides support alongside your TAFE studies. It is delivered in a safe, supportive learning environment to small classes via group workshops and individual support sessions. Remote learning options are also available.

You will learn about:

Time management

Strategies to suit your individual learning style

Navigating TAFE learning platforms like the Moodle

How to best to communicate with the TAFE and your future workplace.

**16 week program**

**Delivered for the first four weeks of every school term**

**Fridays 10am-3pm**

11 Feb – 4 Mar

29 April – 20 May

15 July – 5 Aug

7-28 October

**Cost: \$40 / FREE concession\***

## NEW HORIZONS

**Discover employment opportunities in Gippsland's food, fibre and tourism industries.**

This course will provide entry level skills for working in the agribusiness sector, plus a range of other job ready skills. Ongoing mentoring provided after the course. Past participants have gained employment.

Tutor: Louisa Vale

**6 week program**

**2 days per week from Monday 2 May—Wednesday 8 June**

**Mondays 10am-3pm**

**Wednesdays 1pm-3pm**

**Cost: FREE\***

Supported by Food and Fibre Gippsland.

## Technology

### DIGITAL ESSENTIALS

**Computer and digital skills for work, study and life.**

This course is suitable for total beginners and introduces the basics of navigating the digital world. It is also suitable for people interested in further study or who need skills in online job recruitment.

Tutor: Louisa Vale

**10 x Wednesdays 10am–12pm from 27 April**

**Cost: \$20 / FREE concession\***

### TECHNOLOGY CLUB

A casual drop-in session to troubleshoot technology questions with Tim Beacham from the Foster I.T. shop. B.Y.O. device or borrow one of ours. Suitable for laptops, phones or tablets.

**Wednesdays 1pm-3pm during school term**

**Cost: FREE**

## Accredited

### FOOD SAFETY LEVEL 1

For people handling food for public consumption including milk bars, cafés, clubs & school canteens.

Tutor: Bass Coast Adult Learning RTO #3720

**Friday 10 June 9am-4pm**

**Cost: \$120 / \$110 concession**

## RESPONSIBLE SERVICE OF ALCOHOL (RSA)

All people serving alcohol in Victoria need this certificate which is approved by the Director of Liquor Licensing Victoria.

Tutor: Bass Coast Adult Education RTO #3720

**Saturday 28 May 9am-1pm**

**Cost: \$95 / \$85 concession**

### PERFORM CPR and APPLY FIRST AID (L2)

**PERFORM CPR (HLTAID009) and APPLY FIRST AID (L2) (HLTAID011)**

Workplace Nationally Accredited Course. This course teaches how to recognise and provide immediate and effective First Aid treatment to any person suffering a sudden injury or illness. Includes CPR.

Tutor: Megan Darby

RTO Bass Coast Adult Learning #3720

**Saturday 21 May**

**8.30am-11.30am CPR only**

**8.30am-5pm full course**

**Cost: CPR \$70, First Aid L2 \$140 (includes CPR)**

## Boats

### MARINE LICENCE

Transport Safety Victoria approved training course. Marine Licence & PWC Endorsement (Jetski) if required. Marine Safety Boating Handbook supplied on enrolment, this MUST be pre-read.

Please bring photo ID. For 12-16 year olds, please bring: 1. Original birth certificate or passport, 2. Medicare card and 3. Bank account statement or item showing current address. Persons under 16 years of age are not eligible to obtain a personal watercraft endorsement.

Tutor: Marine Training Services—Val Young

Present your certificate at VicRoads to obtain a licence with no further testing.

**Sunday 19 June**

**9.30am-2.30pm**

**Cost: \$110 plus \$30 for PWC licence if required**

## Language

### ENGLISH AS A SECOND LANGUAGE

Learn to read, write and speak English with confidence in individual classes or small groups. Assistance with preparation for the IELTS English Language test. Ring to organise suitable dates and times.

**8 x 2 hour sessions**

**Cost: FREE \***

### FRENCH CONVERSATION

Learn French in a fun, informal environment including grammar and conversation. Suitable for people with some prior knowledge.

Tutor: Noelle Bonnin

**Wednesdays 1pm-2.30pm from 27 Apr**

**Cost: Gold coin donation**

## Food

### COMMUNITY KITCHEN LUNCH

On the third Wednesday of the month we transform our hall into a pop-up café and host a Community Kitchen lunch made from fresh local foods in partnership with the local community gardens. Come early and help prepare the meal! All welcome.

**Supported by St Vincent de Paul**

**Wed 18 May and 15 June**

**12pm—2pm**

**Cost: FREE**

## Creative Arts

### WRITING WORKSHOPS

If you have a small or big writing flame burning inside it's better to let it have an outlet instead of bottling it up. If you have a writing idea, no matter whether it's fully worked out or simply roaming around in your head, this course will help you start to see your ideas take form. Tutor Michael Hyde is an author with over thirty five years of experience, thirty published books and thirty years of teaching writing.

**Mondays 7pm-8.30pm from 2 May**

**Cost: Gold coin donation**

## LIFE DRAWING

Life model session with guided tutoring. Suitable for beginners or experienced artists. Some materials supplied. BYO easel or use one of ours.

Tutor: Kim McDonald

**Saturday 14 May 10am-3pm**

**Cost \$60 / \$50 concession**

## BASKET MAKING

### Create a Garlic Basket

For beginners and improvers.

Make a small, twined hanging basket. Useful for storing your dried chillies, garlic or even to put a pot plant in. Materials are provided, but you can bring your own plus embellishments if you wish.

Tutor: Margaret Balfe

**Saturday 4 June 10am-3pm**

**Cost: \$40 / \$30 concession**

## Youth

### OUR PLACE

Youth space for ages 11+

At Our Place you will be warmly welcomed to come and relax in a safe and respectful environment. We will plan and cook our dinner each week. Activities may include art, music, craft and local projects. Transport home can be arranged—please book ahead.

**Mondays 3.30pm-6pm during school term.**

Supported by Toora & Foster Community Bank, FRRR Gardiner Foundation, VicHealth

## Venue Hire

Manna Gum Community House has spaces available for hire at affordable rates. We offer a discount for not-for-profit and community groups. When you hire a space with us, your local community benefits. All profits go back into our organisation to maintain and improve our community services.

## Families

### FOSTER PLAYGROUP

For parents, grandparents and carers—everyone is welcome to join this playgroup for the Corner Inlet area. Playgroup is the perfect place to create friendships and help your child gain valuable social skills. Bring a piece of fruit and a gold coin.

**Wednesdays 10am-12pm**

**Contact Tess 0429 006 047**

### SUPPORTED PLAYGROUP

A supported playgroup is a great way for parents to enjoy precious family time with their child while they grow and develop and to meet other families, enjoy a cuppa and relax. Based on Play and the importance of having fun with your child this playgroup is run by supported playgroup facilitator, Michelle and is held in a safe and nurturing environment.

**Thursdays 9am-11am during school term.**

**Contact Michelle 0497 926 100**

Supported by South Gippsland Shire Council

## Events

### POP-UP REPAIR CAFE

**Bendigo Bank Tea Cosy Market Day Fish Creek**

Manna Gum will host a Repair Café at the Fish Creek Tea Cosy Festival. Bring along your toys, household items and clothing for repair or upcycling.

**Saturday 21 May 10am-1pm**

### TRIVIA AFTERNOON

Do you enjoy testing your knowledge in a fun way? Join us for an afternoon of trivia. Afternoon tea provided. Table of six, or walk in and join a table.

**Friday 3 June 2pm-4pm**

**Cost: \$10**

Please call our office for detailed information about our courses. Bookings are required for some activities. Payment plans are available. Notice of withdrawal is required seven days prior to the course to receive a full refund.

Physical distancing and hygiene procedures are required by all user groups, students, staff and volunteers.

Our COVIDSafe Plan is updated according to current Government health regulations and is available on our website.

\*Our funded Learn Local courses are free or very low-cost, eligibility conditions apply.

# Events

## Victorian Law Week

### Coffee with the Gippsland Community Legal Service

**Tuesday 17th May 10am-1pm**

Join us at our Community Lounge to discuss common legal issues in this non-judgemental and engaging session. Topics include fines, family violence, renting, mental health and more. Free—booking required



## Neighbourhood House Week

### Multicultural Pot-luck Celebration

**Tuesday 10 May 11am-1pm**

Come and join us at the Manna Gum Lounge to celebrate Neighbourhood House Week and cultural diversity in Corner Inlet. Experience food from other cultures made by local volunteers. Free event, food provided with beverages available by donation through the Lounge.



## Manna Gum Community Lounge

**Open Monday & Tuesday - 10am-2pm & Saturday 9.30am-1pm**

The Community Lounge is a welcoming place for all members of the community. Enjoy a hot drink and a complimentary homemade sweet treat. You can meet with friends or have a chat to our friendly volunteers. Preserves made from local produce and handmade crafts are available for purchase. We also have a book exchange, and outdoor seating in a large child-friendly backyard with a cubby and sandpit. Dogs also welcome on a lead. Free Wifi.

Toasties available Tuesdays for a \$4 donation.

The Lounge is staffed entirely by volunteers and all proceeds support Manna Gum's services and programs.



## Community House User Groups

**Stockyard Creek Quilters Group** Monday 10am-3pm, contact Michelle Travers tel: 0428 832 195

**South Gippsland Bird Observers** 8pm last Fri of the month. New members welcome, contact Joyce Simpson tel: 5682 2147

**Alcoholics Anonymous** tel: 0408 122 222 [www.aa.org.au](http://www.aa.org.au)

**Violin tuition** contact Claudene-Marie Adams tel: 0481 302 925

**Manna Garden Group** meet every Monday 10am-12pm at Manna Community Garden, corner Hyland Street and Court Street. New members welcome, contact Juneen Schulz tel: 0427 809 509.